

OCM Grace Church Presents

Free Parenting Seminar – 2 Part Series

中華海外宣道會新恩堂 為父母舉辦的免費講座（二堂）

“Roots & Wings”

題目：“助兒扎根，讓兒飛翔”

Topics Include 講題包括:

- ✿ Transitioning to Teens
- ✿ Understanding Physical and Emotional Changes
- ✿ Success Factors for Strong Roots & Wings:
 - ✦ help your teenager feel grounded, secure, and connected to you
 - ✦ enable them to explore, learn, and become independent
- ✿ 瞭解青少年期生理、心理、情緒的轉變
- ✿ 建立“助兒扎根，讓兒飛翔”的成功要素
 - ✦ 幫助青少年成長感到安全，與你建立良好關係
 - ✦ 讓孩子學習獨立、自我思考



“The two greatest gifts a parent can give a child are roots and wings.”

SEMINAR DATES 講座日期

Mandarin 國語: Saturday 星期六, Feb 28 & March 14 (2 – 5pm)

English 英語: Saturday 星期六, March 7 & April 4 (2 – 5pm)

Location: OCM Grace Church 中華海外宣道會新恩堂
90 Mt Vernon St. Ridgefield Park, NJ 07660

Guest Speaker: Mrs. Frances Chow

講員：周郭巧儀師母

- Certified School Psychologist: New York, Hawaii & California
紐約州、夏威夷州與加州檢定駐校心理學師
- Certified District Administrator: New York
紐約州檢定校區行政官
- Masters of Religious Education: Gordon Conwell Theological Seminary, MA
Gordon Conwell 神學院宗教教育碩士
- Published articles in the *Ambassador for Christ* magazine and the *Chinese Christian Herald Crusades* newspaper on topics including Christian marriage, Christian Parenting, Bilingual & Bicultural Education, Special Education, and Understanding the American School System
曾在使者雜誌與號角美西南版發表文章。專題包括建立基教家庭、在雙文化的環境中養育子女、北美教育制度、雙文化教育、特殊教育等。
- Speaks on the above mentioned topics and topics related to Christian Education at various churches, retreats, and conferences
以上及有關基督教教育專題的講員



Register: call (201)440-2677 or email valley1234@gmail.com

請致電(201)440-2677 或 email 電郵至 valley1234@gmail.com 登記報名

Free Childcare & Refreshments

講座期間設有孩童照顧，會後茶點招待